



CONSTITUTION AND RULES

OF

HENLEY

ROYAL REGATTA

ESTABLISHED 1839

January 2015

HENLEY ROYAL REGATTA

Patron:

HER MAJESTY THE QUEEN

Stewards:

- THE MAYOR OF HENLEY
W. A. D. WINDHAM, ESQ.
J. G. P. CROWDEN, ESQ., C.V.O.
SIR ADRIAN CADBURY, C.H.
G. H. BROWN, ESQ.
§ M. A. SWEENEY, ESQ., C.B.E.
A. A. M. MAYS-SMITH, ESQ.
J. A. STEPHENSON, ESQ.
A. G. ROBERTSON, ESQ.
P. G. R. DELAFIELD, ESQ.
THE RT. HON. THE LORD CAMOYS, G.C.V.O.
† R. C. LESTER, ESQ.
† DR. I. REID
C. L. BAILLIEU, ESQ., M.B.E.
D. C. CHRISTIE, ESQ.
J. K. MULLARD, ESQ.
J. C. LUKER, ESQ.
C. P. ETHERINGTON, ESQ.
THE EMERITUS BISHOP OF MENEVIA
J. D. J. HOWARD, ESQ.
DR. P. L. THOMAS
† F. J. SMALLBONE, ESQ.
R. A. NEEDS, ESQ.
DR. W. M. R. JOHNSTON
DR. R. G. M. BUDGETT, O.B.E.
† PROFESSOR N. B. RANKOV
D. TOPOLSKI, ESQ.
R. D. CLEGG, ESQ.
† M. D. WILLIAMS, ESQ.
M. B. BALDWIN, ESQ.
J. F. BOULTBEE, ESQ., A.M.
MAJOR THE HON. ANDREW WIGRAM, M.V.O.
* SIR STEVE REDGRAVE, C.B.E.
DAME DIANA ELLIS, D.B.E.
† R. C. STANHOPE, ESQ.
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C. L. RICHMOND, ESQ.
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† MISS G. BATTEN
SIR DAVID WOOTTON
A. P. S. CRAWFORD, ESQ.
N. CHUGANI, ESQ.
MISS S. K. WINCKLESS
MRS. F. K. DENNIS
M. J. HUNTER, ESQ., M.B.E.
T. W. JAMES, ESQ., M.B.E.
M. J. BRITTIN, ESQ.

D. G. M. GRIST, ESQ., *Secretary*

§*President*

**Chairman of the Committee of Management*

†*Member of the Committee of Management*

CONSTITUTION

On the 9th April, 1885, at a meeting of the Stewards, certain resolutions were agreed to, and, as subsequently amended, are as follows:—

- I. That the Stewards of Henley Royal Regatta shall constitute a council for the general control of the affairs of the Regatta.
- II. That the Stewards shall at each general meeting elect a Chairman to take the chair at that meeting.
- III. That the Chairman shall have a casting vote.
- IV. That twenty shall form a quorum at the general meetings.
- V. That two ordinary general meetings shall be held in each year, one in the month of June and another in the month of December.
- VI. That other general meetings shall be summoned by the Secretary at the request of any two Stewards in writing, provided that not less than fourteen days notice shall be given of any such meeting.
- VII. That the Stewards shall elect annually, at the meeting in December, from their own body, a Committee of Management.
- VIII. That the number of the Committee shall not exceed twelve, of whom three shall form a quorum.
- IX. That the Committee shall elect one of their own body to act as Chairman.
- X. That the Committee be empowered to manage and exercise control over all matters connected with the Regatta, excepting such as shall involve the alteration of any of the published Rules of the Regatta.
- XI. That the Committee shall present a report, together with a statement of accounts, to the Stewards, annually, at the December meeting in each year.
- XII. That ordinary meetings of the Committee shall be summoned by the Secretary when ordered by the Chairman, or at the request of any two members of the

Committee in writing, provided that not less than one week's notice be given of any such meeting. Emergency meetings of the Committee may be held between the draw and the end of the Regatta on such notice as may be found practicable.

- XIII. That the Committee shall have power to make and publish bye-laws respecting any matter connected with the management of the Regatta not already determined in the published Rules.
- XIV. That the income and property of the Regatta shall be applied solely to such purposes as the Stewards consider to be for the general benefit of the Regatta or for the sport of rowing. No part of the income or property of the Regatta (save in respect of the indemnity referred to in Resolution XVI) shall be distributed among the Stewards, and in the event of the Regatta being dissolved the assets shall be devoted to such sporting, philanthropic or charitable purposes as the Stewards may determine.
- XV. That no alteration shall be made in any of the foregoing resolutions, or in any of the published Rules of the Regatta, except at a general meeting specially convened for that purpose, of which twenty-one days notice shall be given, such notice to state the alterations proposed; and unless the alterations be carried by a majority of two-thirds. No amendment to the alterations proposed to be considered at the meeting shall be moved unless notice of such amendment shall have been given to the Secretary at least ten days before the date of the meeting.
- XVI. That any Steward whether Chairman of or Member of the Committee of Management or otherwise, acting in good faith in the discharge of any instructions from the Committee of Management, or of a general meeting of the Stewards, who shall incur any costs, losses and expenses in pursuance of those instructions, including the proper discharge of his duties at the Regatta, shall be entitled to be indemnified from the assets of the Regatta for any such costs, losses and expenses.

BYE-LAWS

On the 9th April, 1885, at a meeting of the Stewards, certain bye-laws were confirmed and, as subsequently amended, are as follows:—

- 1st.— That the election of any new Steward shall be by ballot, and one black ball in four shall exclude.
- 2nd.— That a ballot shall not take place unless twenty Stewards are present, nor unless the name of the proposed new Steward, together with the name of the proposer and seconder, shall have been sent to each Steward with the circular convening the meeting.
- 3rd.— That any Steward wishing to bring forward any matter for discussion must give notice thereof to the Secretary, and the Secretary shall state the matter to be discussed in the circular convening the meeting.

QUALIFICATION RULES

The six Open events for Men:-

THE GRAND CHALLENGE CUP

FOR EIGHT OARS WITH COXSWAIN

Open to eligible members of any club established at least one year before the closing date for entries.

THE STEWARDS' CHALLENGE CUP

FOR FOUR OARS

The same rules apply as for The Grand Challenge Cup.

THE QUEEN MOTHER CHALLENGE CUP

FOR QUADRUPLE SCULLERS

The same rules apply as for The Grand Challenge Cup.

THE SILVER GOBLETS AND NICKALLS' CHALLENGE CUP

FOR PAIR OARS

Open to eligible members of any club established at least one year before the closing date for entries, subject to the following:

No crew shall compete in this event unless, at the date of entry, it is at least of British Rowing Senior status, or equivalent standard, in rowing.

THE DOUBLE SCULLS CHALLENGE CUP

FOR DOUBLE SCULLERS

Open to eligible members of any club established at least one year before the closing date for entries, subject to the following:

No crew shall compete in this event unless, at the date of entry, it is at least of British Rowing Senior status, or equivalent standard, in sculling.

THE DIAMOND CHALLENGE SCULLS

FOR SINGLE SCULLERS

Open to eligible members of any club established at least one year before the closing date for entries, subject to the following:

No sculler shall compete in this event unless, at the date of entry, he is at least of British Rowing Senior status, or equivalent standard, in sculling.

The three Open events for Women:-

THE REMENHAM CHALLENGE CUP

FOR WOMEN'S EIGHT OARS WITH COXSWAIN

Open to eligible members of any club established at least one year before the closing date for entries.

THE PRINCESS GRACE CHALLENGE CUP

FOR WOMEN QUADRUPLE SCULLERS

The same rules apply as for The Remenham Challenge Cup.

THE PRINCESS ROYAL CHALLENGE CUP

FOR WOMEN SINGLE SCULLERS

Open to eligible members of any club established at least one year before the closing date for entries, subject to the following:

No sculler shall compete in this event unless, at the date of entry, she is at least of British Rowing Senior status, or equivalent standard, in sculling.

The three Intermediate events for Men, catering for the best club and student crews below the Open level:-

THE LADIES' CHALLENGE PLATE

FOR EIGHT OARS WITH COXSWAIN

1. Any crew of eligible members of any club established at least one year before the closing date for entries may contend for this prize, subject to the following:—
No heavyweight F.I.S.A. Senior national crew may contend for this prize.
2. No one (coxswains excepted) shall compete in this event and in any other eight-oared event at the same Regatta.

THE VISITORS' CHALLENGE CUP

FOR FOUR OARS

1. Any crew of eligible members of any club established at least one year before the closing date for entries may contend for this prize, subject to the following:—
No F.I.S.A. Senior national crew (heavyweight or lightweight) may contend for this prize.
2. No one shall compete in this event and in any other four-oared event at the same Regatta.

THE PRINCE OF WALES CHALLENGE CUP

FOR QUADRUPLE SCULLERS

1. Any crew of eligible members of any club established at least one year before the closing date for entries may contend for this prize, subject to the following:—
No heavyweight F.I.S.A. Senior national crew may contend for this prize.
2. No one shall compete in this event and in any other sculling event at the same Regatta.

The three Club events for Men, catering for crews below the Intermediate level:-

THE THAMES CHALLENGE CUP

FOR EIGHT OARS WITH COXSWAIN

1. Any crew of eligible members of any one club established at least one year before the closing date for entries may contend for this prize, subject to the following:—
 - (a) No crew of a boat club of any university, college or secondary school shall be qualified to contend for this prize.
 - (b) No current national squad oarsman, heavyweight or lightweight, shall compete in this event.
 - (c) No F.I.S.A. Under 23 national crew may contend for this prize.
 - (d) No oarsman shall compete in this event if he has rowed or sculled in an Olympic Games, a Final Olympic Qualification Regatta or a F.I.S.A. Senior World Championships.
 - (e) No oarsman shall compete in this event if he has won a medal at a World Under 23 Championships or at a European Championships.
 - (f) No oarsman shall compete in this event if he has previously won an event at the Regatta, other than The Temple, The Prince Albert, The Princess Elizabeth or The Fawley Challenge Cups.
 - (g) No crew of an alumni boat club of a university or college shall be qualified to contend for this prize if the crew contains any current year students from the associated university or college.
2. No one (coxswains excepted) shall compete in this event and in any other event at the same Regatta.

THE WYFOLD CHALLENGE CUP

FOR FOUR OARS

1. The same rule applies as Rule 1 for The Thames Challenge Cup.
2. No one shall compete in this event and in any other event at the same Regatta.

THE BRITANNIA CHALLENGE CUP

FOR FOUR OARS WITH COXSWAIN

1. The same rule applies as Rule 1 for The Thames Challenge Cup.
2. No one (coxswains excepted) shall compete in this event and in any other event at the same Regatta.

The two Student events for Men, catering for student crews below the Intermediate level:-

THE TEMPLE CHALLENGE CUP

FOR EIGHT OARS WITH COXSWAIN

1. Any crew of eligible members of a boat club of any university, college or secondary school, such club being established at least one year before the closing date for entries, may contend for this prize, subject to the following:—
 - (a) Every member of a crew of a university or college boat club shall be, or shall within two months of the closing date for entries have been, a full-time internal student of the university or college.
 - (b) Every member of a crew of any secondary school shall at the closing date for entries be a *bona fide* member *in statu pupillari* of the school.
 - (c) No oarsman shall compete in this event if he has previously won an event at the Regatta, other than The Thames, The Princess Elizabeth, The Wyfold, The Britannia, The Prince Albert or The Fawley Challenge Cups.
 - (d) No current national squad oarsman, heavyweight or lightweight, shall compete in this event.
 - (e) No oarsman shall compete in this event if he has rowed or sculled in an Olympic Games, a Final Olympic Qualification Regatta or a F.I.S.A. Senior World Championships.
 - (f) No oarsman shall compete in this event if he is a “Blue” or a “Purple” or has rowed in an analogous crew, including, for example, in the United States of America, Heavyweight Varsity crews competing in the Eastern Sprints or in the Pac-12 Championships.
2. Combined entries may be made only as follows:—
 - (a) Not more than two college boat clubs of any one university.
 - (b) Two or more secondary schools.
3. No one (coxswains excepted) shall compete in this event and in any other eight-oared event at the same Regatta.

THE PRINCE ALBERT CHALLENGE CUP

FOR FOUR OARS WITH COXSWAIN

1. Any crew of eligible members of a boat club of any university, college or secondary school, such club being established at least one year before the closing date for entries, may contend for this prize, subject to the following:—
 - (a) Every member of a crew of a university or college boat club shall be, or shall within two months of the closing date for entries have been, a full-time internal student of the university or college.
 - (b) Every member of a crew of any secondary school shall at the closing date for entries be a *bona fide* member *in statu pupillari* of the school.
 - (c) No oarsman shall compete in this event if he has previously won an event at the Regatta, other than The Princess Elizabeth or The Fawley Challenge Cups.
 - (d) No current national squad oarsman, heavyweight or lightweight, shall compete in this event.
 - (e) No oarsman shall compete in this event if he has rowed or sculled in an Olympic Games, a Final Olympic Qualification Regatta or a F.I.S.A. Senior World Championships.
 - (f) No oarsman shall compete in this event if he has won a medal at a World Under 23 Championships or at a European Championships.
 - (g) No oarsman shall compete in this event if he is a “Blue” or a “Purple” or has rowed in an analogous crew, including, for example, in the United States of America, Heavyweight Varsity crews competing in the Eastern Sprints or in the Pac-12 Championships.
2. The same rule applies as Rule 2 for The Temple Challenge Cup.
3. No one (coxswains excepted) shall compete in this event and in any other event at the same Regatta.

The two events for Junior Men:-

THE PRINCESS ELIZABETH CHALLENGE CUP

FOR EIGHT OARS WITH COXSWAIN

1. Any crew of school boys who are members of a boat club of any one secondary school in the United Kingdom or analogous school elsewhere, such club being established at least one year before the closing date for entries, may contend for this prize, subject to the following:—
 - (a) Every member of the crew shall at the closing date for entries be a *bona fide* member *in statu pupillari* of such school.
 - (b) No one shall compete who will have attained his nineteenth birthday by the end of the Regatta.
 - (c) Only one crew per school may enter this event.
2. No one (coxswains excepted) shall compete in this event and in any other eight-oared event at the same Regatta.

THE FAWLEY CHALLENGE CUP

FOR JUNIOR MEN QUADRUPLE SCULLERS

1. Any crew of eligible members of any one club or secondary school boat club, such club being established at least one year before the closing date for entries, may contend for this prize, subject to the following:—
 - (a) Every member of the crew of any secondary school shall at the closing date for entries be a *bona fide* member *in statu pupillari* of such school.
 - (b) No one shall compete who will have attained his eighteenth birthday before the first day of September preceding the event.
 - (c) Any sculler who has registered as a member of a club with the Junior programme of British Rowing (or other National Federation) shall compete only for that club.
 - (d) Any sculler who has represented his club or secondary school boat club at the National Schools' Regatta, or at an analogous national event elsewhere, shall compete only for that club or secondary school.
2. No one shall compete in this event and in any other event at the same Regatta.

The one event for Junior Women:-

THE DIAMOND JUBILEE CHALLENGE CUP

FOR JUNIOR WOMEN QUADRUPLE SCULLERS

1. Any crew of eligible members of any one club or secondary school boat club, such club being established at least one year before the closing date for entries, may contend for this prize, subject to the following:—
 - (a) Every member of the crew of any secondary school shall at the closing date for entries be a *bona fide* member *in statu pupillari* of such school.
 - (b) No one shall compete who will have attained her eighteenth birthday before the first day of September preceding the event.
 - (c) Any sculler who has registered as a member of a club with the Junior programme of British Rowing (or other National Federation) shall compete only for that club.
 - (d) Any sculler who has represented her club or secondary school boat club at the National Schools' Regatta, or at an analogous national event elsewhere, shall compete only for that club or secondary school.
2. No one shall compete in this event and in any other event at the same Regatta.

GENERAL RULES

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ELIGIBILITY

1. No one shall be eligible to compete at the Regatta for a club unless he is and has been for at least two months before the closing date for entries a member of that club and that club must have been established and continuously affiliated to an appropriate National Federation for at least one year before the closing date.
2. Such National Federations outside the United Kingdom must have entered into an Agreement in the prescribed form with the Committee of Management of Henley Royal Regatta.
3. The Committee shall have the power, at any time, to notify a club that an entry will not be accepted in certain events if the Committee considers such an entry to be inappropriate.

ENTRIES

4. Entries for the Regatta close at six o'clock in the evening sixteen days before the Regatta, hereinafter called 'the closing date'.
5. All entries must be submitted on the prescribed Henley Royal Regatta Entry Form and must be received by the Secretary of the Regatta by the closing date complete in all respects including the appropriate entry fee. Late entries or entries by telephone, telegram or telex cannot be accepted. Crews from outside the United Kingdom may submit their completed Entry Forms by electronic means. The entry must be submitted on the official Henley Royal Regatta Entry Form.
6. The entry must be accompanied by a declaration signed by either the Captain or Secretary of the club, or of each club if more than one, that the entry conforms with Rule 1.
7. Any entry from outside the United Kingdom must be accompanied by a declaration signed by either the Captain or Secretary of the club, or of each club if more than one, that the entry conforms with Rule 1 and, in addition, the Entry Form must be countersigned by the Secretary or other responsible official of the National Federation to which the club is affiliated.

8. When an entry is in respect of a composite crew, the Entry Form must show the name of the club against the name of each competitor. The names of the clubs so declared shall not be changed after the closing date. Where the combined entry is of more than two clubs then only two club names shall be shown on the List of Entries and in the programme.
9. No individual shall be entered more than once for the same event, nor for more than two events at the same Regatta. No one who has rowed in an event may row in another crew for the same event at the same Regatta.
10. Except for coxswains, men may not compete in women's events and women may not compete in men's events.
11. The Committee shall investigate any questionable entry irrespective of protest and shall have power to return any entry up to the time of its first race in the Regatta without being bound to assign a reason.

INSURANCE AND RESPONSIBILITY FOR PROPERTY

12. Clubs, competitors and coaches must be covered by their own third-party liability insurance with a limit of indemnity of at least £5,000,000 or currency equivalent. Henley Royal Regatta accepts no responsibility for loss or damage to boats, equipment or other articles whilst on Regatta property or elsewhere.

ENTRY FEES

13. Entry fees for each boat shall be paid to the Secretary at the time of entering, as follows:—

The Grand Challenge Cup	£160.00
The Ladies' Challenge Plate	£160.00
The Thames Challenge Cup	£160.00
The Temple Challenge Cup.....	£160.00
The Princess Elizabeth Challenge Cup.....	£160.00
The Remenham Challenge Cup.....	£160.00
The Stewards' Challenge Cup.....	£80.00
The Queen Mother Challenge Cup.....	£80.00
The Princess Grace Challenge Cup.....	£80.00
The Prince of Wales Challenge Cup	£80.00

The Visitors' Challenge Cup	£80.00
The Wyfold Challenge Cup	£80.00
The Britannia Challenge Cup	£80.00
The Prince Albert Challenge Cup	£80.00
The Fawley Challenge Cup	£80.00
The Diamond Jubilee Challenge Cup	£80.00
The Silver Goblets and Nickalls' Challenge Cup...	£60.00
The Double Sculls Challenge Cup	£60.00
The Diamond Challenge Sculls	£40.00
The Princess Royal Challenge Cup	£40.00

LIST OF ENTRIES

14. No official of the Regatta shall divulge any entry or report the state of the entrance lists until such lists be closed.
15. The Secretary of the Regatta shall make available a copy of the List of Entries to the Captain or Secretary of each club or crew entered, and to each competitor entered in the pairs, double sculls or sculls. He shall also disclose the names of competitors nominated to compose crews entered in any event for eights, fours or quadruple sculls upon being requested to do so.

SUBSTITUTION

16. Substitution of competitors in all events save The Silver Goblets, The Double Sculls and The Princess Royal Challenge Cups and The Diamond Challenge Sculls is subject to the following:—
 - (a) The substitute shall be a member of the club (or, in the case of a composite crew, any one of the clubs declared in accordance with Rule 8 above) under which the entry was made, and
 - (b) The substitute shall be eligible under Rule 1, and
 - (c) The name of the substitute and his qualifications and racing weight, duly certified in writing by an accredited officer of the club, shall be delivered to the Secretary of the Regatta in accordance with the following:—
 - (i) for nine days after the closing date for entries a crew shall be entitled to substitute its coxswain and up to half the number of its oarsmen,

- (ii) from the tenth day after the closing date for entries no competitor shall be substituted without the consent of the Committee, which consent will only be granted on medical grounds (see Rule 17) or in exceptional circumstances, in which case the request shall be made at least two hours before the race concerned.
 - (d) No substitution is permitted in the following events without the consent of the Committee:—
 - The Silver Goblets and Nickalls' Challenge Cup
 - The Double Sculls Challenge Cup
 - (e) No substitution is permitted in the following events:—
 - The Diamond Challenge Sculls
 - The Princess Royal Challenge Cup
 - (f) No one, including substitutes where applicable, shall compete for any prize unless his name has been delivered to the Secretary of the Regatta in accordance with these Rules.
17. Substitution of competitors on medical grounds is subject to the following:—
- (a) No person who has already rowed or steered in a heat, shall be substituted for another, without the consent of the Committee.
 - (b) Any application for the Committee's consent to allow a substitute to compete must be made to the Secretary of the Regatta not less than one hour before the race, and be accompanied by a doctor's certificate that the original competitor is unfit to compete.
 - (c) A competitor for whom a substitute has been introduced under this Rule shall not compete in any other event at the same Regatta without the consent of the Committee.
 - (d) A competitor who has been medically substituted may, following recovery, compete again in a later round of the same event if approved by the Committee.

PRESCRIBED NUMBER OF ENTRIES

18. Entries for each event shall be limited to the following numbers:—

The Grand Challenge Cup	16
The Ladies' Challenge Plate	16
The Thames Challenge Cup	32
The Temple Challenge Cup	32
The Princess Elizabeth Challenge Cup	32
The Remenham Challenge Cup	8
The Stewards' Challenge Cup	16
The Queen Mother Challenge Cup	16
The Princess Grace Challenge Cup	8
The Prince of Wales Challenge Cup	16
The Visitors' Challenge Cup	16
The Wyfold Challenge Cup	32
The Britannia Challenge Cup	16
The Prince Albert Challenge Cup	16
The Fawley Challenge Cup	24
The Diamond Jubilee Challenge Cup	8
The Silver Goblets and Nickalls' Challenge Cup	12
The Double Sculls Challenge Cup	12
The Diamond Challenge Sculls	12
The Princess Royal Challenge Cup	8

HEATS

19. If there shall be more than two entries for any event, those entered shall row a heat or heats, but no more than two boats shall contend in any one heat.

QUALIFYING RACES

20. If more entries are received for any event than the number shown in Rule 18, the Committee shall arrange Qualifying Races in accordance with the following rules:—
- The Committee shall, in its absolute discretion, select which of the entrants shall compete in these races.
 - The races shall take place before the Regatta and shall be held in whatever form the Committee may determine.
 - No member of a losing crew of a Qualifying Race for any prize shall compete for that prize at the same Regatta.

OBJECTIONS TO ENTRIES

21. Objections to the entry of any club or crew must be made in writing to the Secretary at least four clear days before the Regatta, when the Committee shall investigate the grounds of objection and decide thereon without delay. Objections to the qualification of a competitor must be made in writing to the Secretary at the earliest moment practicable. No protest shall be entertained unless lodged before the prizes are distributed.

THE COURSE

22. The races shall start below the Island, and finish near the upper end of Phyllis Court. Length of Course: 1 mile and 550 yards.

STATIONS

23. Stations shall be drawn by the Committee.

WITHDRAWALS AND ROWING OVER

24. If at any time after the Draw a crew should be unable to compete, then the opponent of that crew must row over the Course at the appointed time.
25. In the event of there being but one crew entered for any prize, or if more enter and all but one are unable to compete, the remaining crew must row over the Course to be entitled to such prize.

CLOTHING

26. Every competitor's clothing must consist of a vest and shorts as a minimum.

RACING WEIGHTS

27. The racing weights of all competitors, including coxswains, must be registered on the Entry Form. In addition all competitors must attend at the time and place appointed by the Committee for the verification of weights. Any crew whose coxswain fails to comply with this rule shall be liable to disqualification.

COXSWAINS

28. Coxswains may only compete subject to the following rules and restrictions:—
- (a) Coxswains shall not steer for more than one crew for the same prize.
 - (b) Except for The Remenham Challenge Cup the minimum weight to be carried shall be 55 kg. (8st. 9lb.).
 - (c) For The Remenham Challenge Cup the minimum weight to be carried shall be 50 kg. (7st. 12lb.).
 - (d) On each day of competition coxswains shall be weighed wearing a vest and shorts (or equivalent) and their buoyancy aid, not less than one hour before their first race. The weight of additional clothing and of any other equipment which a coxswain may carry during a race shall not be included in calculating any deadweight that a coxswain shall carry to achieve the minimum weight.
 - (e) To make up the minimum weight, a coxswain shall have with him throughout the race deadweight provided by the Committee. A Regatta official appointed for the purpose shall ensure that such deadweight is placed in the boat as close as possible to the coxswain before the race, and that it is removed afterwards.
 - (f) All coxswains competing at the Regatta shall wear suitable life-jackets or buoyancy aids at all times when on the water. Coxswains in “front loader” positions must wear life-jackets which allow them easy escape from their position.

SAFETY PRECAUTIONS

29. The Committee shall ensure that medical and life-saving services are provided throughout the hours of racing.
30. Every boat shall carry securely affixed to the bow a white protective ball, minimum diameter 4cm., in rubber or similar material fitted in a safe manner unless the bow is so constructed as to afford equivalent protection.

31. In order to avoid accidents arising from capsizing, all boats must be equipped with stretchers or shoes which allow the competitors to get clear of the boat without using their hands and with the least possible delay.
32. The opening of an enclosed coxswain's seat must be at least 70cm. long and it must be as wide as the boat for at least 50cm. The inner surface of the enclosed part must be smooth and no structure of any sort shall restrict the inner width of the coxswain's section.

IDENTIFICATION OF CREWS

33. Every boat shall carry a number plate to be provided by the Committee.

PROHIBITED ARTIFICES

34. No boat with a sliding rigger mechanism shall be used.
35. No crew shall make use of any substance capable of modifying the natural properties of water nor employ any substance such as prefabricated plastic film on the outer skin of its boat to improve its performance.

DRUG ABUSE

36. No competitor shall infringe the provisions of the World Anti-Doping Code, published by the World Anti-Doping Agency, as adopted and supplemented by the F.I.S.A. Anti-Doping Bye-Laws, which Bye-Laws contain lists of prohibited classes of substances and methods. The Committee shall be empowered by any means, including random tests on competitors, to satisfy itself that this rule is obeyed and in the event of an infringement to refer the matter to F.I.S.A. The competitor concerned shall submit to F.I.S.A.'s jurisdiction in respect of its Anti-Doping Bye-Laws.

POWERS OF THE COMMITTEE

37. All questions concerning eligibility, qualifications, programme, interpretation of the Rules or other matters not specifically provided for shall be referred to the Committee, whose decision shall be final. In exceptional circumstances the Committee shall have power to abrogate, alter or suspend any rule provided it is satisfied that no crew is thereby placed in a less favourable position than it would have been in if such an exceptional circumstance had not occurred.

RACE OFFICIALS AND PENALTIES

38. The Committee shall appoint the following officials to act under these Rules:—

- (a) Umpires.
- (b) Judges at the Finish.
- (c) Judges at the Start.
- (d) Boat Tent Stewards.

These officials shall have the power to impose for a breach of these Rules either of the following penalties:—

- (i) Warning – as if the crew had caused a false start.
- (ii) Disqualification.

ADVERTISING

39. Advertising on boats, on oars and sculls and on clothing may be displayed whilst racing in the Regatta only in accordance with the regulations detailed in the current version of the document “Notes and Instructions for Competitors and Coaches”. Failure to comply with these regulations may lead to the imposition of a penalty for the crew’s next race.

TRAFFIC RULES AND TRAINING TIMES

40. All crews must follow the Traffic Rules as detailed in the current version of the document “Traffic Rules and Training Times” and the Navigation Rules of the Environment Agency. Failure to comply with these instructions may lead to the imposition of a penalty for the crew’s next race.

CONDUCT OF RACES

41. Races at the Regatta shall be conducted as follows:—

- (a) Each crew must have its boat in position at the Start and ready for the bow to be aligned by the Judge at the Start two minutes before the advertised time of the race. A crew whose boat is not so positioned may be disqualified or warned by the Umpire. Such a warning shall penalise the crew as if it had caused a false start. If a crew has already received a warning

before the start of the race (e.g. for a violation of the Traffic Rules) and then receives a second warning from the Umpire then that crew will be disqualified.

- (b) Races will be started as follows:— The Umpire, when satisfied that the crews are ready, will give the warning command: “ATTENTION” and will then hold up a red flag. After a clear pause he will drop the flag and at the same time say: “GO”.
- (c) A false start will be signalled by the ringing of a bell, and the Umpire will recall the crews to the Start by waving a red flag. The Umpire will announce the name of the crew which caused the false start and will issue a warning. A crew which refuses to start again or which has received two warnings for that race will be disqualified by the Umpire.
- (d) If the Umpire wishes to stop a race after the word “GO”, he will raise a red flag and give the order: “STOP”. If he wishes to stop one of the crews for safety reasons he will raise a white flag, name the crew and give it the order: “STOP”.
- (e) A crew’s proper course is such course as will enable it to reach the winning post in the shortest possible time provided that it allows ample water for its opponent to steer its own proper course on the side on which that opponent started. A crew which leaves its proper course does so at its peril and may be disqualified by the Umpire if it thereby interferes with its opponent or in the event of a foul.
- (f) It shall be considered a foul if, after a race has been started, a crew shall come into contact by its oars, sculls, boat or persons with the oars, sculls, boat or persons of its opponent.
- (g) The Umpire shall be the sole judge of a crew’s proper course and shall decide all questions of interference with an opponent or of a foul.
- (h) The Umpire may warn a crew if he considers that there is the probability of a foul or that the crew is out of its proper course and in danger of interfering with its opponent. The Umpire may also warn a crew of an obstruction in its course. The Umpire shall not in any other circumstances direct a crew’s course.

- (i) In the event of a foul, a crew may claim that its opponent be disqualified. Such a claim must be made to the Umpire by a member of the crew raising his arm immediately after the finish of the race.
- (j) If the crew making the claim was in its proper course and its opponent was out of its proper course, the latter shall be disqualified unless, in the opinion of the Umpire, the foul was so slight as not to influence the race. The Umpire may reserve his decision but will give it as soon as possible after the race.
- (k) In either of the following circumstances the Umpire may himself disqualify a crew out of its proper course which is involved in a foul or in interference with its opponent, provided that he does so immediately:—
 - (i) If the crew has, in the opinion of the Umpire, wilfully encroached on the proper course of its opponent.
 - (ii) If the foul or interference is of such a nature as clearly to influence the race.
- (l) In the event of a foul, the Umpire shall have power, if he has not disqualified either of the crews, to re-start the race according to his discretion, or to order a re-row.
- (m) A crew shall abide by its own accidents except that, if during a race a crew shall have suffered interference from some outside agency which in the opinion of the Umpire may have influenced the outcome of the race, the Umpire shall have power to stop and re-start the race according to his discretion, or to order a re-row. If a crew considers that it has been subject to outside interference it must make an objection to the Umpire by a member of the crew raising his arm immediately after the finish of the race.
- (n) No boat shall follow any race for the purpose of directing the course of a crew, nor shall a crew be given any advice, assistance or steering aid during a race. A crew which receives any extraneous assistance during a race may be disqualified by the Umpire. In particular, the use of any form of megaphone by supporters is forbidden.

- (o) Crews must start the race with the full complement of competitors specified in the Qualification Rules for that event. A crew is judged to have completed the Course when the bow of its boat reaches the Finish Line unless prevented from doing so either by outside interference or by damage caused by a foul. A crew shall not be debarred from winning a race if a competitor other than a coxswain leaves the boat during the race. If a coxswain leaves the boat during a race, the crew shall be deemed not to have completed the Course.
- (p) The Judge at the Finish shall decide the order in which the crews reach the Finish Line, and his decision shall be final and without appeal. If the crews reach the Finish Line simultaneously, the race shall be rowed again at a time to be arranged by the Committee. If a crew refuses to re-row, it shall be disqualified.
- (q) The Umpire's jurisdiction shall extend over the whole race from the time that it is specified to start until its end, and his decisions shall be final and without appeal.
- (r) A crew which refuses to abide by the decisions of the Umpire or the Judge, or fails to follow directions given to it by the Umpire, may be disqualified.

DEFINITIONS

42. In these Rules reference is made to the following organisations:—
- (a) The Fédération Internationale des Sociétés d'Aviron (F.I.S.A.) is the world governing body of the sport of rowing.
 - (b) British Rowing is the governing body of the sport of rowing in Great Britain.

INTERPRETATION

43. In these Rules where the context so admits:—
- (a) The singular shall include the plural and vice versa.
 - (b) The masculine shall include the feminine.
 - (c) Rowing shall include sculling.
 - (d) A single sculler shall be deemed to be a crew.